

Daily Schedule – Room 1



Planned activities are typically offered to the children mid to late morning as time allows and in between the routine care processes. Throughout the day, staff members engage with children to enhance their cognitive, socio-emotional, and physical development – providing activities such as tummy time, special reasoning, fine and large muscle development, language development, music, etc.

As children develop and approach transition to Room 2, we work to get children on the toddler schedule listed below.

7:00-8:30	Child-Directed Learning Center Exploration
8:30-9:00	Child-Directed Table Top Activities
9:00-9:45	Breakfast – Books or Puzzles when done, then Bathrooming
9:45-10:00	Morning Meeting: Stories, Songs, Theme Concepts, etc.
10:00-10:45	Small Group Learning: Art, Math, Literacy/Language and Centers
10:45-11:30	Outside: Large Motor Skills/Sensory Exploration, then Bathrooming
11:30-12:00	Music and Movement and Prepare for Lunch
12:00-12:45	Lunch
12:45-1:00	Prepare for Rest Time/Books and Bathrooming
1:00-3:00	Rest Time – Books/Quiet Activities when Awake
3:00-3:30	Bathrooming, then Afternoon Snack
3:30-3:45	Afternoon Meeting: Music and Movement
3:45-4:30	Outside: Large Motor Skills/Sensory Exploration
4:30-5:00	Bathrooming, then Small Group Learning: STEM or Social Science
5:00-6:00	Small Snack and Child-Directed Learning Center Exploration