

Daily Schedule – Room 5



7:00-7:30	Child-Directed Learning Center Exploration
7:30-8:00	Cereal & Milk and/or Child-Directed Table Top Activities
8:00-9:00	Child-Directed Table Top Activities or Learning Center Exploration
9:00-9:30	Breakfast – Books or Puzzles when done
9:30-9:45	Morning Meeting: Stories, Songs, Theme Concepts, etc.
9:45-10:30	Small Group Learning: Table Top Activities, Math, Literacy/Language
10:30-11:15	Child-Directed Learning Center Exploration
11:15-12:00	Outside: Large Motor Skills/Sensory Exploration
12:00-12:45	Lunch
12:45-1:00	Prepare for Rest Time/Books
1:00-3:00	Rest Time – Books/Quiet Activities when Awake
3:00-3:30	Afternoon Snack
3:30-4:00	Afternoon Meeting: Music and Movement
4:00-4:30	Small Group Learning: STEM or Social Science
4:30-5:00	Outside: Large Motor Skills/Sensory Exploration
5:00-6:00	Small Snack and Child-Directed Learning Center Exploration

Throughout the day, children have free exploration time where materials and learning centers are open to the children so they can explore and learn based on their interests. There are multiple learning moments throughout the day such as personal hygiene (toileting/hand washing), manners at snack/meal time, and respect/communication/self-advocacy/problem-solving during play time.