

Week of May 6th - 10th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast	Cereal	Cereal	Cereal	Cereal	Cereal
7:00-7:30 AM	& Milk	& Milk	& Milk	& Milk	& Milk
Breakfast 9:00-9:30 AM	Mini Quiche Fruit Milk	Avocado Whole Wheat Toast Fruit Milk	Oat Banana Pancakes Fruit Milk	Greek Yogurt Parfait Fruit Milk	Blueberry Oatmeal Fruit Milk
Lunch 11:30-12:00 PM	Red Lentil Dal	Green Chili	Mongolian Beef	Swedish	Lamb Ragu
11.30-12.00 PW	Vegetable Fruit	Chicken Enchiladas Vegetable	with Steamed Rice Vegetable	Turkey Meatballs with Mashed Potatoes	with Spaghetti Vegetable
	Milk	Fruit	Fruit	Vegetable	Fruit
		Milk	Milk	Fruit	Milk
				Milk	
Vegetarian	Red Lentil Dal	Green Chili	Mongolian Tofu	Swedish Cauliflower	Lentil Ragu
Option	Vegetable	Cheese Enchiladas	with Steamed Rice	with Mashed Potatoes	with Spaghetti
	Fruit Milk	Vegetable Fruit	Vegetable Fruit	Vegetable Fruit	Vegetable Fruit
		Milk	Milk	Milk	Milk
Afternoon Snack	Grilled Cheese	Chips	Pineapple	Spinach Artichoke Dip	Cottage Cheese
2:30-3:00 PM	Sliders	and	and	and	and
	with Tomatoes	Salsa	Snap Peas	Multigrain Crackers	Peaches
Evening Snack	Crackers	Crackers	Crackers	Crackers	Crackers
4:30-5:00 PM	CIACKEIS	CIGCREIS	CIACKEIS	CIACKEIS	CidCREIS



Week of May 13th - 17th, 2024

Early Breakfast 7:00-7:30 AM Breakfast 9:00-9:30 AM	Monday Cereal & Milk Caprese Scrambled Eggs Fruit Milk	Tuesday Cereal & Milk Arroz con Leche Fruit Milk	Wednesday Cereal & Milk Whole Grain French Toast Fruit Milk	Thursday Cereal & Milk Strawberry Overnight Oats Fruit Milk	Friday Cereal & Milk Banana Mango Smoothie Granola Milk
Lunch 11:30-12:00 PM	Pasta e Ceci Vegetable Fruit Milk	Baked Beef Empanadas Vegetable Fruit Milk	Huli Huli Roasted Chicken with Macaroni Salad Vegetable Fruit Milk	Greek Turkey Moussaka Vegetable Fruit Milk	Beef Bulgogi Rice Bowl Vegetable Fruit Milk
Vegetarian Option	Pasta e Ceci Vegetable Fruit Milk	Baked Mushroom Empanadas Vegetable Fruit Milk	Huli Huli Roasted Tofu with Macaroni Salad Vegetable Fruit Milk	Greek Lentil Moussaka Vegetable Fruit Milk	Tempeh Bulgogi Rice Bowl Vegetable Fruit Milk
Afternoon Snack 2:30-3:00 PM	Oven-Roasted Veggie Tots and Greek Yogurt Ranch	Guacamole and Corn Tortillas	Greek Yogurt and Granola	Tzatziki and Pita Thins	Ham & Cheddar Sliders
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers



Week of May 20th - 24th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast	Cereal	Cereal	Cereal	Cereal	Cereal
7:00-7:30 AM	& Milk	& Milk	& Milk	& Milk	& Milk
Breakfast	Blueberry	Whole Grain	Greek Yogurt Parfait	Buttermilk	Turkey & Swiss
9:00-9:30 AM	Cream of Wheat	Banana Bread	Fruit	Pancakes - ·	Breakfast Sandwich
	Fruit	Fruit	Milk	Fruit	Fruit
	Milk	Milk		Milk	Milk
Lunch	Quiche Lorraine	Mojo Pork with	Hungarian Beef Goulash with	Chicken Tagine	Butternut Squash
11:30-12:00 PM	Vegetable	Arroz Congrí	Mashed Potatoes	with Couscous	Mac-&-Cheese
	Fruit	Vegetable	Vegetable	Vegetable	Vegetable
	Milk	Fruit	Fruit	Fruit	Fruit
		Milk	Milk	Milk	Milk
Vegetarian	Quiche Florentine	Mojo Cauliflower	Hungarian Chickpea Goulash	Eggplant Tagine	Butternut Squash
Option	Vegetable	with Arroz Congrí	with Mashed Potatoes	with Couscous	Mac-&-Cheese
	Fruit	Vegetable	Vegetable	Vegetable	Vegetable
	Milk	Fruit	Fruit	Fruit	Fruit
		Milk	Milk	Milk	Milk
Afternoon Snack	Whole Grain	Multigrain Crackers	Strawberry Banana	Whole Grain	Roasted Red Pepper Hummus
2:30-3:00 PM	Quesadilla	and Avocado	Smoothie	Banana Bread	and
			with Greek Yogurt	and SunButter	Snap Peas
Evening Snack	Crackers	Crackers	Crackers	Crackers	Crackers
4:30-5:00 PM					



Week of May 27th - 31st, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Closed	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Closed	Ham & Cheddar Scrambled Eggs Fruit Milk	Whole Grain Zucchini Bread Fruit Milk	Coconut Overnight Oats Fruit Milk	Mixed Berry Smoothie Granola Milk
Lunch 11:30-12:00 PM	Closed	Chicken Noodle Soup Vegetable Fruit Milk	Turkey Enchiladas Suizas Vegetable Fruit Milk	Teriyaki Pork Stir-Fry with Rice Vegetable Fruit Milk	Spaghetti & Meatballs Vegetable Fruit Milk
Vegetarian Option	Closed	Chickpea Noodle Soup Vegetable Fruit Milk	Veggie Enchiladas Suizas Vegetable Fruit Milk	Teriyaki Tofu Stir-Fry with Rice Vegetable Fruit Milk	Spaghetti alla Pomodoro Vegetable Fruit Milk
Afternoon Snack 2:30-3:00 PM	Closed	Greek Yogurt and Mixed Berries	Whole Wheat Avocado Toast	Cottage Cheese and Pineapple	Deli Turkey and Green Pea Snaps
Evening Snack 4:30-5:00 PM	Closed	Crackers	Crackers	Crackers	Crackers