

Week of: August 5th through August 9th 2024

Menu subject to change. Check Menu in center lobby each morning for change

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Raisin Bread Toast With Fruit	Cottage Cheese With Fruit	Eggs and Wheat Toast	Cream Of Wheat With Fruit	Waffles and Sun Butter
Lunch 12:00-12:30 PM	Swedish Meatballs With Rice Vegetable Fruit	BBQ Chicken and Cheddar Sandwiches Vegetables Fruit	Bacon, Butternut Squash Brown Butter Pasta Vegetable Fruit	Beef Teriyaki Rice Bowls Vegetables Fruit	Cheese Ravioli in Marinara Sauce With Gralic Bread Vegetables Fruit
Vegetarian Option	Swedish Veggie Balls With Rice Vegetables Fruit	BBQ Lentil and Cheddar Sandwiches Vegetables Fruit	Tempeh, Butternut Squash Brown Butter Pasta Vegetable Fruit	Teriyaki Tofu Rice Bowls Vegetables Fruit	Cheese Ravioli in Marinara Sauce With Garlic Bread Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Multigrain Crackers And Cheese	Carrots and Cucumber With Ranch Dip	Celery Sticks with Sun Butter	Rice Cakes And String Cheese	Pita Chips With Hummus
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunches.

Week Of: August 12th through August 16th 2024

Menu subject to change. Check Menu in center lobby each morning for changes.



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Yogurt, Granola and Fruit Parfait	Oatmeal With Fruit	Fruit Smoothies and Raisin Bread Toast	French Toast And Fruit	Cream Of Wheat with Fruit Compote
Lunch 12:00-12:30 PM	Chicken Tenders With Sweet Potato Fries Vegetables Fruit	Three Cheese Pasta Bake Vegetables Fruit	Chicken and Dumplings Vegetables Fruit	Beef Bolognese Spaghetti Vegetables Fruit	Japanese Style BBQ Pork with Rice Vegetables Fruit
Vegetarian Option	Chick'n Tenders With Sweet Potato Fries Vegetables Fruit	Three Cheese Pasta Bake Vegetables Fruit	Mushrooms and Dumplings Vegetables Fruit	Spaghetti With Veggie Crumble Marinara Vegetables Fruit	Japanese Style BBQ Tofu With Rice Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Applesauce With Rice Cakes	Housemade French Onion Dip With Carrots	Pita Bread With Housemade Hummus	Rice Cakes With String Cheese	Banana, Sun Butter Roll-Ups
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunches.

Week of **August 19th through August 23rd 2024**

Menu subject to change. Check Menu in center lobby each morning for changes.



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Closed	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Fruit Smoothies and Wheat Toast	Oatmeal With Fruit	Closed	Cottage Cheese With Fruit	Waffles with Sun Butter
Lunch 12:00-12:30 PM	Salami Antipasto Pasta Salad with Vegetable Fruit	Chicken Tikka Masala With Basmati Rice Vegetable Fruit	Closed	Chili with Beef Corn Bread Vegetables Fruit	Grilled Ham And Cheese Sandwiches Vegetables Fruit
Vegetarian Option	Antipasto Pasta Salad Cannellini Beans Vegetable Fruit	Paneer Tikka Masala With Basmati Rice Vegetable Fruit	Closed	Three Bean Chili With Corn Bread Vegetables Fruit	Grilled Cheese Sandwiches Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Pretzel and Sun Butter	Rice Cakes and Apple Sauce	Closed	String Cheese and Fruit	Housemade Salsa and Chips
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Closed	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

Week of: August 26th through August 30th 2024



Menu subject to change. Check Menu in center lobby each morning for changes

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Pancakes With Fruit Compote	French Toast With Fruit	Cheesy English Muffins	Yogurt, Granola and Fruit Parfait	Eggs and Tortillas
Lunch 12:00-12:30 PM	Cheese Pizza Vegetables Fruit	Pork and Vegetable Stir Fry With Noodles Fruit	Beef and Bell Pepper Casserole Vegetables Fruit	Chicken Caesar Pasta Salad Vegetables Fruit	Chicken Fajita Quesadillas Vegetables Fruit
Vegetarian Option	Cheese Pizza Vegetables Fruit	Tofu and Vegetable Stir Fry Fruit	Veggie Crumble and Bell Pepper Casserole Vegetables Fruit	Chickpea Caesar Pasta Salad Vegetables Fruit	Fajita Quesadillas Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Cheese and Crackers	Apples Slices With Sun Butter	Fruit with Yogurt Dip	Chex Mix With String Cheese	Housemade Guacamole And Chips
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.