

Week of September 2-6, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 8:30-9:00 AM	Apple Butter Waffles Fruit	Mixed Berry Croissants Fruit	Cheesy Scrambled Eggs Fruit	Potato and Peppers Hash Fruit	Cinnamon Apple French Toast Rolls Fruit
Lunch 11:30-12:00 PM	Beef and Rice Stuffed Peppers Vegetable Fruit	Bacon Pumpkin Risotto Vegetable Fruit	Red Lentil Dahl with Naan Bread Vegetable Fruit	Japanese Chicken Curry and Steamed Rice Vegetable Fruit	Pork Eggroll Dumpling Soup with Wonton Chips Vegetable Fruit
Vegetarian Option					
Afternoon Snack 2:30-3:30 PM	Cheddar Bay Biscuits with Pickle Spears	Apple Crumble Muffins and Yogurt	Fruit Salad and Cinnamon Chips	Red Bean Paste Dumplings	Veggie Sticks and Hummus
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk served as indicated. Water offered and available throughout the day.
Vegetarian options will be provided as necessary.

Week of September 9-13, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 8:30-9:00 AM	Apple Cider Pancakes Fruit	Pumpkin Cream Cheese Swirl Muffins Fruit	Banana Fritter Bites Fruit	Blueberry Baked Oatmeal Fruit	Peach Bread with Cream Cheese Spread Fruit
Lunch 11:30-12:00 PM	White Cheddar Chicken Apple Soup with Tortilla Chips Vegetable Fruit	Beef Spaghetti Bolognese Vegetable Fruit	Spiced Pork Chops with Roasted Sweet Potatoes Vegetable Fruit	Turkey, Green Bean and Tater-Tot Casserole Vegetable Fruit	African Style Lamb with Wild Rice Vegetable Fruit
Vegetarian Option					
Afternoon Snack 2:30-3:30 PM	Veggie Tots and Dried Apricots	Broccoli Cheese Soup Pastry Pockets	Pulled Pork Pupusas	Cinnamon Raisin Bread with Mixed Fruit	Mini Cheese, Cucumbers, and Cracker Boards
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

Vegetarian options will be provided as necessary.

Week of September 16-20, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 8:30-9:00 AM	Breakfast Beef Fried Rice Fruit	English Muffin French Toast Fruit	Pancake Tacos with Scrambled Eggs and Sausage	Pumpkin Waffles Fruit	Cranberry Orange Oatmeal Muffins Fruit
Lunch 11:30-12:00 PM	Mixed Bean Chili Mac and Cheese Vegetable Fruit	Beef Bourguignon with Roasted Potatoes Vegetable Fruit	Turkey and Cheese Stuffed Shells Vegetable Fruit	Butternut Squash Gnocchi with Sausage Vegetable Fruit	Chicken Posole with Corn Tortillas Vegetable Fruit
Vegetarian Option					
Afternoon Snack 2:30-3:30 PM	Blueberry Bagels with Cinnamon Cream Cheese	Mini Avocado and Cotija Cheese Quesadillas	Spam Rice Balls with Nori Wrap	Avocado Egg Salad Tea Sandwiches	Soft Pretzel Bites with Cheese Sauce
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.
Vegetarian options will be provided as necessary.



Week of September 23-27, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 8:30-9:00 AM	Sausage and Cheese Breakfast Rolls Fruit	Berry French Toast Casserole Fruit	Pumpkin Breakfast Bars Fruit	Sweet Potato Hash Fruit	Denver Omelettes
Lunch 11:30-12:00 PM	Ground Turkey and Acorn Squash Hash Vegetable Fruit	Brazilian Beef Feijoada with Steamed Rice Vegetable Fruit	Chicken and Corn Chowder with Flour Tortillas Vegetable Fruit	Turkey Shepherds Pie Vegetable Fruit	Middle Eastern Lamb and Pearl Couscous Vegetable Fruit
Vegetarian Option					
Afternoon Snack 2:30-3:30 PM	Blueberry Fritters and Greek Yogurt	Strawberry Banana Smoothies with Granola	Arepas con Queso with Salsa	Street Corn Dip and Tortilla Chips	Tomato and Cheese Tartlets
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.
Vegetarian options will be provided as necessary.

Week of September 30-October 4, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 8:30-9:00 AM	English Muffins with Jam Fruit	Banana Fritter Bites Fruit	Scrambled Eggs with Whole Wheat Toast	Cranberry Orange Scones Fruit	French Toast Casserole Fruit
Lunch 11:30-12:00 PM	Meatball and Sub Roll Casserole Vegetable Fruit	White Chicken Lasagna Vegetable Fruit	Mixed Bean Chili Quinoa Vegetable Fruit	Baked Sausage Rigatoni Vegetable Fruit	Garlic Pot Roast with Mashed Potatoes Vegetable Fruit
Vegetarian Option					
Afternoon Snack 2:30-3:30 PM	Crispy Parmesan Garlic Edamame and Seaweed Chips	Caesar Salad Wraps	Mexican Cucumber Salad with Tortilla Chips	Bacon and Cream Cheese Egg Rolls	Banana Mochi Rolls with Mixed Fruit
Evening Snack 4:30-5:00 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

Vegetarian options will be provided as necessary.