

Week of September 2 -September 6, 2024

Menu subject to change. Check Menu in center lobby each morning for change

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	CLOSED	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	CLOSED	Pancakes with Fruit Compote	Wheat Toast With Sun Butter	Yogurt Parfait (Granola and Fruit)	Bagels with Cream Cheese
Lunch 12:00-12:30 PM	CLOSED	Turkey Enchilada Casserole Vegetables Fruit	Creamy Tuscan Chicken Pasta Vegetables Fruit	Cheese Pizza Vegetables Fruit	Beef Stroganoff with Egg Noodles Vegetables Fruit
Vegetarian Option	CLOSED	Black Bean Enchilada Casserole Vegetables Fruit	Creamy Tuscan Chickpea Pasta Vegetables Fruit	Cheese Pizza Vegetables Fruit	Mushroom Stroganoff with Egg Noodles Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	CLOSED	Chex Mix Fruit	Fruit Yogurt Dip	Cheese Wheat Crackers	Pita Bread Housemade Hummus
Evening Snack 5:00-5:30 PM	CLOSED	Crackers	Crackers	Crackers	Crackers

Week of September 9 - September 13, 2024

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	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	French Toast with Fruit Compote	Yogurt, Granola, and Fruit Parfait	Oatmeal Fruit	Pancakes Fruit	Eggs Wheat Toast
Lunch 12:00-12:30 PM	Beef Tacos Mexican Rice Vegetables Fruit	Chicken And Dumplings Vegetables Fruit	Pork Fried Rice Vegetables Fruit	BBQ Meatballs White Rice Vegetables Fruit	Poblano Macaroni and Cheese Vegetables Fruit
Vegetarian Option	Vegetable Crumble Tacos Mexican Rice Vegetables Fruit	Mushroom and Dumplings Vegetables Fruit	Tofu Fried Rice Vegetables Fruit	BBQ Veggie Balls White Rice Vegetables Fruit	Poblano Macaroni and Cheese Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Fresh Guacamole Tortilla Chips	Chex Mix String Cheese	Cottage Cheese Fruit	Cheese and Multigrain Crackers	Apples and Sun Butter
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Week of September 16 - September 20, 2024

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Early Breakfast	Monday Cereal	Tuesday Cereal	Wednesday Cereal	Thursday Cereal	Friday Cereal
7:30-8:00 AM	& Milk	& Milk	& Milk	& Milk	& Milk
Breakfast 9:00-9:30 AM	Cheesy English Muffins	Fruit Smoothies with Rice Cakes	Cottage Cheese Fruit	Waffles Sun Butter	French Toast Fruit Compote
Lunch 12:00-12:30 PM	Japanese BBQ Pork Jasmine Rice Vegetables Fruit	Beef Bolognese Spaghetti Vegetables Fruit	Chicken and Noodle Teriyake Stir Fry Vegetables Fruit	Bean and Cheese Burritos Cilantro Lime Rice Vegetables Fruit	White Chicken Chili Dinner Rolls Vegetables Fruit
Vegetarian Option	Japanese BBQ Tofu Jasmine Rice Vegetables Fruit	Veggie Crumble Bolognese Spaghetti Vegetables Fruit	Tofu and Noodle Teriyake Stir Fry Vegetables Fruit	Bean and Cheese Burritos Cilantro Lime Rice Vegetables Fruit	White Bean Chili Dinner Rolls Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Chex Mix Fruit	Carrots Ranch Dip	Baguettes Fresh Spinach Dip	Apples Cheese	Tortilla Chips Housemade Salsa
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers



Week of September 23 - September 27, 2024

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	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Cream Of Wheat Fruit	Bagels and Cream Cheese	French Toast Fruit Compote	Eggs Wheat Toast	Waffles Fruit
Lunch 12:00-12:30 PM	Meatball Sub Sandwiches With Melted Cheese Vegetables Fruit	Chicken and Gravy Mashed Potatoes Vegetables Fruit	Beef and Bell Pepper Rice Casserole Vegetables Fruit	Cheese Quesadillas Vegetables Fruit	Chicken and Wild Rice Soup Vegetables Fruit
Vegetarian Option	Veggie ball Sub Sandwiches With Melted Cheese Vegetables Fruit	Beyond Chicken and Gravy Mashed Potatoes Vegetables Fruit	Veggie Crumble and Bell Pepper Rice Casserole Vegetables Fruit	Cheese Quesadillas Vegetables Fruit	Mushroom and Wild Rice Soup Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Pita Chips With Spinach Dip	Apple Sauce and Rice Cakes	Cheesy Tortilla Roll Ups	Fruit Multigrain Crackers	Pretzel Sticks with Sun Butter
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers



Week of September 30 - October 4, 2024

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	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Biscuits and Gravy Fruit	Waffles Sun Butter	Fruit Smoothies Raisin Bread	Cheesy English Muffins	Eggs with Tortillas
Lunch 12:00-12:30 PM	Chicken Fajitas Mexican Rice Vegetables Fruit	Beef Sloppy Joes Baked Frech Fries Vegetables Fruit	Sausage Ziti Pasta Bake Vegetables Fruit	Chicken Caesar Pasta Salad Vegetables Fruit	Grilled Cheese Sandwiches and Tomato Soup Vegetables Fruit
Vegetarian Option	Portabella Mushroom Fajitas Mexican Rice Vegetables Fruit	Lentil Sloppy Joes Baked Frech Fries Vegetables Fruit	Cannellini Bean Ziti Pasta Bake Vegetables Fruit	Chickpea Caesar Salad Vegetables Fruit	Grilled Cheese Sandwiches and Tomato Soup Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Tortilla Chips and Fresh Guacamole	Crackers String Cheese	Carrots Freshmade French Onion Dip	Pretzels Fruit	Rice Cakes Apple Sauce
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers