

**Week of October 7-11, 2024**

*Menu subject to change. Check Menu in center lobby each morning for change*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Bagels and Cream Cheese	Fruit Smoothies Raisin Bread	Eggs Wheat Toast	Yogurt Fruit	Cheesy English Muffins
Lunch 12:00-12:30 PM	Swedish Meatballs with Egg Noodles Vegetables Fruit	Sausage Zuppa Tuscana Soup Dinner Roll Vegetables Fruit	Black Bean and Cheese Tacos (Corn Tortilla) Vegetables Fruit	Chicken Ceasar Pasta Salad Vegetables Fruit	Chicken Fajitas with Flour Tortillas Mexican Rice Vegetables Fruit
Vegetarian Option	Swedish Veggieballs with Egg Noodles Vegetables Fruit	Mushroom Zuppa Tuscana Soup Dinner Roll Vegetables Fruit	Black Bean and Cheese Tacos (Corn Tortilla) Vegetables Fruit	Chickpea Ceasar Pasta Salad Vegetables Fruit	Veggie Crumble Fajitas with Flour Tortillas Mexican Rice Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Apple Sauce Chex Mix	Cheese Sandwiches	Tortilla Chips Guacamole	Apples Sun Butter	Pita Bread Spinach Dip
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of October 14-18, 2024**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Center Closed	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Pancakes Fruit Compote	Center Closed	Veggie Scramble Wheat Toast	French Toast Fruit	Cream of Wheat Fruit
Lunch 12:00-12:30 PM	Beef Chili Corn Bread Vegetables Fruit	Center Closed	Cheese Ravioli Garlic Bread Vegetables Fruit	Chicken Tenders Sweet Potato Fries Vegetables Fruit	Beef, Bell Pepper, and Rice Casserole Vegetables Fruit
Vegetarian Option	3 Bean Chili Corn Bread Vegetables Fruit	Center Closed	Cheese Ravioli Garlic Bread Vegetables Fruit	Chick'n Tenders Sweet Potato Fries Vegetables Fruit	Veggie Crumble Bell Pepper, and Rice Casserole Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Soft Pretzels Sun Butter	Center Closed	Sun Butter & 100% Fruit Jam Sandwiches	Tortilla Chips Housemade Salsa	Carrots French Onion Dip
Evening Snack 5:00-5:30 PM	Crackers	Center Closed	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunches.

Week of October 21-25, 2024

Menu subject to change. Check Menu in center lobby each morning for changes.



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Raisin Toast Fruit	French Toast Fruit Compote	Oatmeal Fruit	Fruit Smoothies Rice Cakes	Waffles Sun Butter
Lunch 12:00-12:30 PM	Beef, Vegetable and Rice Skillet Vegetables Fruit	Macaroni and Cheese Vegetables Fruit	Lemon Butter Chicken Jasmine Rice Vegetables Fruit	Cheese Pizza Vegetable Fruit	Beef Stroganoff with Egg Noodle Vegetables Fruit
Vegetarian Option	Veggie Crumble, Vegetable, and Rice Skillet Vegetables Fruit	Macaroni and Cheese Vegetables Fruit	Lemon Butter Chickpea Jasmine Rice Vegetables Fruit	Cheese Pizza Vegetable Fruit	Mushroom Stroganoff with Egg Noodle Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Apple Sauce Rice Cakes	Artichoke Dip Wheat Crackers	Tortilla Chips Guacamole	Pita Chips Hummus	Chex Mix Fruit
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.



**Week of October 28-November 1, 2024**

*Menu subject to change. Check Menu in center lobby each morning for change*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Yogurt with Fruit and Granola	Cheesy English Muffins	Bagels and Cream Cheese	Cottage Cheese Fruit	Eggs Tortillas
Lunch 12:00-12:30 PM	Japanese BBQ Pork Jasmine Rice Vegetables Fruit	Beef Sloppy Joes Vegetables Fruit	Chicken Gnocchi Soup Garlic Bread Vegetables Fruit	BBQ Meatballs Wild Rice Vegetables Fruit	Pork Fried Rice Vegetables Fruit
Vegetarian Option	Japanese BBQ Tofu Jasmine Rice Vegetables Fruit	Veggie Crumble Sloppy Joes Vegetables Fruit	Veggie Gnocchi Soup Garlic Bread Vegetables Fruit	BBQ Veggie Balls Wild Rice Vegetables Fruit	Tofu Fried Rice Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Cheese Multigrain Crackers	Apples Sun Butter	Tortilla Chips Housemade Salsa	Cucumbers Ranch Dip	String Cheese Fruit
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.