

Week of Month January 2-3, 2025

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM				Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	Pancakes Blueberries	French Toast Strawberries
Lunch 11:30-12:00 PM	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	Sweet and Sour Chicken Udon Noodles Stir Fry Vegetables Oranges	Butter Chicken Curried Potatoes Spinach Apples
Vegetarian Option	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	Sweet and Sour Tofu Udon Noodles Stir Fry Vegetables Oranges	Butter Chick'N Curried Potatoes Spinach Apples
Afternoon Snack 3:00-3:30 PM	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	<i>Closed for the Holiday</i>	Cottage Cheese Pears	Hummus Bell Peppers
Evening Snack 5:00 PM				Crackers Milk	Crackers Milk

Milk served as indicated. Water offered and available throughout the day.

Week of Month January 6-10, 2025

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Waffles Mixed Berries	Mushroom Frittata Apples	Bagel Bites Peaches	Paprika Potatoes Pineapple	Blueberry Muffins Strawberries
Lunch 11:30-12:00 PM	Chicken Quesadillas Mexican Rice Fajita Vegetables Fruit Salad	Braised Beef Stuffed Pasta with Marinara Sauce Portobello Mushroom Raspberries	Turkey Alfredo Penne Pasta Zucchini Blueberries	Teriyaki Pork Stir Fry Jasmine Rice Yellow Squash Apples	Swedish Meatballs Egg Noodles Broccoli Mixed Berries
Vegetarian Option	Black Bean Quesadillas Mexican Rice Fajita Vegetables Fruit Salad	Braised Veggie Crumble Stuffed Pasta with Marinara Sauce Portobello Mushroom Raspberries	Chick'N Alfredo Penne Pasta Zucchini Blueberries	Teriyaki Veggie Patty Stir Fry Jasmine Rice Yellow Squash Apples	Swedish Veggieballs Egg Noodles Broccoli Mixed Berries
Afternoon Snack 3:00-3:30 PM	Guacamole Baked Tortillas	Greek Yogurt Pears	Sweet Potato Oven Fries Spinach Dip	Cheese Sticks Snap Peas	Sun Butter Toast Carrot Sticks
Evening Snack 5:00 PM	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk

Milk and water served with all breakfasts and lunch.

Week of Month January 13-17, 2025

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Pancakes Bananas	Hash Browns Melon Slices	Cheese Omelettes Veggie Stir Fry	Waffles Blueberries	Greek Yogurt Strawberries
Lunch 11:30-12:00 PM	Chicken Curry Coconut Rice Cauliflower Bananas	Greek Lamb Orzo Pasta with Marinated Feta Zucchini Clementines	Roast Beef Mashed Potatoes Roasted Corn Apples	Nut-Free Pesto Chicken Couscous Zucchini Pineapple	Italian Meatballs Spaghetti Marinara Mushrooms Pears
Vegetarian Option	Chick'N Curry Coconut Rice Cauliflower Bananas	Greek Tofu Orzo Pasta with Marinated Feta Zucchini Clementines	Roast Veggie Patties Mashed Potatoes Roasted Corn Apples	Nut-Free Pesto Tofu Couscous Zucchini Pineapple	Italian Veggieballs Spaghetti Marinara Mushrooms Pears
Afternoon Snack 3:00-3:30 PM	Yogurt Rice Crisps	Caprese Salad	Spinach Dip Veggie Sticks	Baked Apples Granola	Corn Chips Hummus
Evening Snack 5:00 PM	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk

Milk and water served with all breakfasts and lunch.

Week of Month January 20-24, 2025

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	French Toast Strawberries	Scrambled Eggs Bananas	Granola Yogurt	Eggs in a Basket Blueberries	Waffles Peaches
Lunch 11:30-12:00 PM	Beef Goulash Stewed Potatoes Kale Pears	Chicken Stir Fry Lo Mein Noodles Mixed Vegetables Oranges	Beef and Potato Shepherd's Pie Broccoli & Carrots Raspberries	Roasted Pork Roasted Potatoes Parmesan Cauliflower Apples	Lemon Chicken Spaghetti Noodles Butternut Squash Pears
Vegetarian Option	Veggie Crumble Goulash Stewed Potatoes Kale Pears	Tofu Stir Fry Lo Mein Noodles Mixed Vegetables Oranges	Veggie Crumble and Potato Shepherd's Pie Broccoli & Carrots Raspberries	Roasted Tofu Roasted Potatoes Parmesan Cauliflower Apples	Lemon Chick'N Spaghetti Noodles Butternut Squash Pears
Afternoon Snack 3:00-3:30 PM	Spanish Hummus Baby Carrots	Sticky Rice Edamame	Tortilla Chips Artichoke Dip	Cottage Cheese Mixed Berries	Garlic Bread Fruit Salad
Evening Snack 5:00 PM	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk

Milk and water served with all breakfasts and lunch.

Week of Month January 27-30, 2025

Menu subject to change. Check Menu in center lobby each morning for changes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Pancakes Raspberries	Vanilla Yogurt Blueberries	Waffles Fruit Salad	Oatmeal Apples	Scrambled Eggs Roasted Peppers
Lunch 11:30-12:00 PM	Turkey Meatloaf Sweet Potatoes Broccoli Peaches	BBQ Chicken Mashed Potatoes Collard Greens Pineapple	Baked Pork Chops Wild Rice Cauliflower Apples	Hungarian Beef Stew Macaroni & Cheese Roasted Zucchini Pears	Herb Chicken Basmati Rice Mixed Veggies Strawberries
Vegetarian Option	Roasted Tofu Sweet Potatoes Broccoli Peaches	BBQ Chick'n Mashed Potatoes Collard Greens Pineapple	Baked Tofu Wild Rice Cauliflower Apples	Hungarian Veggie Patty Stew Macaroni & Cheese Roasted Zucchini Pears	Herb Veggie Links Basmati Rice Mixed Veggies Strawberries
Afternoon Snack 3:00-3:30 PM	Tomato Soup Sourdough Toast	Spinach Dip Veggie Sticks	Greek Yogurt Strawberries	Marinated Feta Pita Bites	Hummus Baby Carrots
Evening Snack 5:00 PM	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk	Crackers Milk

Milk and water served with all breakfasts and lunch.