

**Week of February 3-7, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal	Cereal	Cereal	Cereal	Cereal
Breakfast 9:00-9:30 AM	French Toast Mixed Berries	Cottage Cheese Peaches	Pancakes Blueberries	Granola Apples	Vegetable Omelet
Lunch 11:30-12:00 PM	Lemon Herb Chicken Dinner Rolls Mixed Vegetables Oranges	Black Bean Burgers Coconut Rice Steamed Broccoli Roast Apples	BBQ Pulled Pork Potato Wedges Kale Pears	Beef Fajitas Brown Rice Elotes (Street Corn) Baked Plantains	Roasted Sausage Mashed Potatoes Zucchini Strawberries
Vegetarian Option	Lemon Herb Chick'n Dinner Rolls Mixed Vegetables Oranges	Black Bean Burgers Coconut Rice Steamed Broccoli Roast Apples	BBQ Seitan Potato Wedges Kale Pears	Vegetable Pattie Fajitas Brown Rice Elotes (Street Corn) Baked Plantains	Roasted Veggie Sausage Mashed Potatoes Zucchini Strawberries
Afternoon Snack 3:00-3:30 PM	Roast Chickpeas Roast Carrots	Artichoke Dip Baked Tortillas	Garlic Bread Roast Tomatoes	Spanish Hummus Celery Sticks	Bean Dip Sourdough Toast
Evening Snack 5:00-5:15 PM	Crackers	Crackers	Crackers	Crackers	Crackers

**Milk offered with all breakfasts and lunch. Water available throughout the day.**

**Week of February 10-14, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal	Cereal	Cereal	Cereal	Cereal
Breakfast 9:00-9:30 AM	Waffles Fruit Salad	Yogurt Pears	French Toast Grapes	Polenta Peaches	Scrambled Eggs Blueberries
Lunch 11:30-12:00 PM	Chicken Curry Red Lentil Dahl Cauliflower Applesauce	Roasted Garlic Tofu Brown Rice Butternut Squash Peaches	Chicken Stew Cornbread Grilled Zucchini Pears	Sweet and Sour Pork Rice Noodles Mixed Peppers Oranges	Beef Meat Pies Roast Potatoes Roast Carrots Pineapple
Vegetarian Option	Chick'n Curry Red Lentil Dahl Cauliflower Applesauce	Roasted Garlic Tofu Brown Rice Butternut Squash Peaches	Chick'n Stew Cornbread Grilled Zucchini Pears	Sweet and Sour Tofu Rice Noodles Sauteed Mixed Peppers Oranges	Vegetable Crumble Meat Pies Roast Potatoes Roast Carrots Pineapple
Afternoon Snack 3:00-3:30 PM	Saag Paneer Rice Crisps	Cherry Tomatoes Mint Cucumbers	Cottage Cheese Bread Sticks	Edamame Jasmine Rice	Greek Yogurt Strawberries
Evening Snack 5:00-5:15 PM	Crackers	Crackers	Crackers	Crackers	Crackers

**Milk offered with all breakfasts and lunch. Water available throughout the day.**

**Week of February 17-21, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM		Cereal	Cereal	Cereal	Cereal
Breakfast 9:00-9:30 AM	Closed for the holiday	Oatmeal Peaches	Waffles Strawberries	Potato Frittata Pears	French Toast Fruit Salad
Lunch 11:30-12:00 PM	Closed for the holiday	Marinara Beef Meatballs Baked Eggplant Oranges	Chicken Parmesan Mac & Cheese Spaghetti Squash Mixed Berries	Pork Chops Roast Potatoes Steamed Broccoli Applesauce	Teriyaki Tofu Udon Noodles Yellow Squash Blueberries
Vegetarian Option	Closed for the holiday	Marinara Veggieballs Baked Eggplant Oranges	Chick'n Parmesan Mac & Cheese Spaghetti Squash Mixed Berries	Vegetable Patties Roast Potatoes Steamed Broccoli Applesauce	Teriyaki Tofu Udon Noodles Yellow Squash Blueberries
Afternoon Snack 3:00-3:30 PM	Closed for the holiday	Cheese Sticks cantaloupe	Greek Yogurt Blueberries	Bananas Sun Butter Toast	Rice Chips Pears
Evening Snack 5:00-5:15 PM		Crackers	Crackers	Crackers	Crackers

**Milk offered with all breakfasts and lunch. Water available throughout the day.**

Week of February 24-28, 2025

*Menu subject to change. Check Menu in center lobby each morning for changes.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:00-7:30 AM	Cereal	Cereal	Cereal	Cereal	Cereal
Breakfast 9:00-9:30 AM	Pancakes Cantaloupe	Savory Grits Pineapple	Baked Apple Oatmeal Blueberries	Cottage Cheese Peaches	Blueberry Muffins Pears
Lunch 11:30-12:00 PM	Beef Spanakopita Couscous Herbed Spinach Blueberries	Baked Tempeh Orzo Pasta Delicata Squash Fruit Salad	Beef Stew Garlic Mashed Potatoes Roast Zucchini Strawberries	Bean and Cheese Quesadillas Spanish Rice Sauteed Bell Peppers Bananas	Chicken Paillard Roast Sweet Potato Peas and Carrots Peaches
Vegetarian Option	Vegetable Crumble Spanakopita Couscous Herbed Spinach Blueberries	Baked Tempeh Orzo Pasta Delicata Squash Fruit Salad	Chickpea Stew Garlic Mashed Potatoes Roast Zucchini Strawberries	Bean and Cheese Quesadillas Spanish Rice Sauteed Bell Peppers Bananas	Chick'n Paillard Roast Sweet Potato Peas and Carrots Peaches
Afternoon Snack 3:00-3:30 PM	Artichoke Dip Crosthini	Garlic Bread Mozzarella	Cucumbers Feta Cheese	Spanish Hummus Baked Tortillas	Baked Apples Cheddar Cheese
Evening Snack 5:00-5:15 PM	Crackers	Crackers	Crackers	Crackers	Crackers

**Milk offered with all breakfasts and lunch. Water available throughout the day.**