

**Week of September 1-5, 2025**

*Menu subject to change. Check Menu in center lobby each morning for change*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM		Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM		Granola and Fruit Yogurt Parfait	Bagels with Cream Cheese	Cream of Wheat Fruit Compote	French Toast Fruit
Lunch 12:00-12:30 PM	Closed for	Chicken and Dumplings Bread Roll Vegetables Fruit	Japanese BBQ Pork Jasmine Rice Vegetables Fruit	Lemon Ricotta and Spinach Pasta Vegetables Fruit	Southwest Chicken Salad Garlic Bread Vegetables Fruit
Vegetarian Option	Labor Day	Mushroom and Dumplings Bread Roll Vegetables Fruit	Japanese BBQ Tofu Jasmine Rice Vegetables Fruit	Lemon Ricotta and Spinach Pasta Vegetables Fruit	Southwest Black Bean Salad Garlic Bread Vegetables Fruit
Afternoon Snack 3:00-3:30 PM		Cheese Crackers	Applesauce Rice Cakes	Pretzels Sun Butter	Cheese Sandwich
Evening Snack 5:00-5:30 PM		Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of September 8-12, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Cheesy English Muffins	Oatmeal Fruit	Waffles Sun Butter	Scrambled Eggs Corn Tortillas	Fruit Smoothies Raisin Bread
Lunch 12:00-12:30 PM	Meatball and Provolone Subs Vegetables Fruit	Pork and Noodles Stir Fry Vegetables Fruit	Chicken Piccata Wild Rice Vegetables Fruit	Cheese Pizza Vegetables Fruit	BBQ Chicken Quesadillas Vegetables Fruit
Vegetarian Option	Veggieball and Provolone Subs Vegetables Fruit	Tofu and Noodles Stir Fry Vegetables Fruit	Chick'n Piccata Wild Rice Vegetables Fruit	Cheese Pizza Vegetables Fruit	BBQ Chick'n Quesadillas Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Yogurt Fruit	Chips and Salsa Veggies	Apples Cheese	Rice Cakes Fruit	Banana and Sun Butter Roll Up
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of September 15-19, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Sourdough Toast with Jam Fruit	Onion & Peppers Breakfast Potatoes	Pancakes Fruit	Granola and Fruit Yogurt Parfait	French Toast Fruit Compote
Lunch 12:00-12:30 PM	Ham and Cheese Croissants Vegetables Fruit	Cheese Ravioli with Spinach Garlic Bread Vegetables Fruit	Beef and Pork Bolognese Spaghetti Vegetables Fruit	Teriyaki Meatballs White Rice Vegetables Fruit	Vietnamese Chicken and Rice Vermicelli Noodles Salad Vegetables Fruit
Vegetarian Option	Two Cheese Croissants Vegetables Fruit	Cheese Ravioli with Spinach Garlic Bread Vegetables Fruit	Crumble&Mushroom Bolognese Spaghetti Vegetables Fruit	Teriyaki Veggieballs White Rice Vegetables Fruit	Vietnamese Chick'n and Rice Vermicelli Noodles Salad Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Applesauce Wheat Crackers	Yogurt Fruit	Pita Chips and Veggies Spinach Dip	Chex Mix Cheese	Sun Butter and Jam Sandwich
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of September 22-25, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Waffles Fruit	Bagels with Cream Cheese Greek Yogurt	Fruit Smoothies Wheat Toast	Cottage Cheese Fruit	English Muffins Fruit
Lunch 12:00-12:30 PM	Chicken Tenders Sweet Potato Fries Vegetables Fruit	Grilled Cheese Sandwich Tomato Soup Vegetables Fruit	Beef Sloppy Joe Sandwiches Vegetables Fruit	Chicken Cesar Pasta Salad Vegetables Fruit	Ground Turkey and Peppers Rice Bowls Vegetables Fruit
Vegetarian Option	Chick'n Tenders Sweet Potato Fries Vegetables Fruit	Grilled Cheese Sandwich Tomato Soup Vegetables Fruit	Veggie Crumble Sloppy Joe Sandwiches Vegetables Fruit	Chick Pea Cesar Pasta Salad Vegetables Fruit	Mushrooms and Peppers Rice Bowls Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Pretzels Sun Butter Fruit	Hummus with Baguette & Veggies	Pita Chips Carrots	Applesauce Chex Mix	Cheese Sandwich
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of September 29-October 3, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Egg Veggie Scramble Toast	Oatmeal Fruit	Cinnamon Toast Fruit	Pancakes Fruit Compote	Wheat Toast with Sun Butter Fruit
Lunch 12:00-12:30 PM	Black Bean and Cheese Burrito Vegetables Fruit	Butter Chicken Basmati Rice Vegetables Fruit	Pork Fried Rice Vegetables Fruit	White Chicken Chili Bread Rolls Vegetables Fruit	Beef and Potato Taco Bowl Vegetables Fruit
Vegetarian Option	Black Bean and Cheese Burrito Vegetables Fruit	Butter Paneer Basmati Rice Vegetables Fruit	Tofu Fried Rice Vegetables Fruit	3 Bean White Chili Bread Rolls Vegetables Fruit	Veggie Crumble and Potato Taco Bowl Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Rice Cakes Sun Butter	Pretzels Carrots with French Onion Dip	Cottage Cheese Veggies	Cucumber and Cream Cheese Sandwiches	Cheese Crackers
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.