

**Week of Week of October 6-10, 2025**

*Menu subject to change. Check Menu in center lobby each morning for change*

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Waffles Fruit	Fruit Smoothies Cinnamon Raisin Bread	Pancakes Fruit Compote	Cottage Cheese Whole Grain Toast Fruit	Scrambled Eggs Breakfast Potatoes
Lunch 12:00-12:30 PM	Creamy Garlic Pork Wild Rice Vegetables Fruit	Greek Chicken Salad Pita Bread Vegetables Fruit	Beef Fried Rice Vegetables Fruit	Cheese Quesadilla Tortilla Chips Vegetables Fruit	Chicken Cesar Pasta Salad Vegetables Fruit
Vegetarian Option	Creamy Garlic Mushroom Wild Rice Vegetables Fruit	Greek Chick'n Salad Pita Bread Vegetables Fruit	Tofu Fried Rice Vegetables Fruit	Cheese Quesadilla Tortilla Chips Vegetables Fruit	Chickpea Cesar Pasta Salad Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Greek Yogurt Fruit	Cheese Crackers	Pita Chips Veggies	Sun Butter and Jam Sandwiches	Chex Mix String Cheese
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

**Week of October 13-17, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	
Breakfast 9:00-9:30 AM	French Toast Fruit	Oatmeal Fruit Compote	Sourdough Toast with Fruit Jam Fruit	Granola and Fruit Yogurt Parfait	Closed
Lunch 12:00-12:30 PM	Ham & Cheese Sliders Vegetables Fruit	Beef Stroganoff (with Egg Noodles) Vegetables Fruit	Korean Beef Rice Bowl Vegetables Fruit	Chicken Gnocci Soup Bread Rolls Vegetables Fruit	for
Vegetarian Option	Two Cheese Sliders Vegetables Fruit	Veggie Crumble Stroganoff (with Egg Noodles) Vegetables Fruit	Korean Tofu Rice Bowl Vegetables Fruit	Mushroom Gnocci Soup Bread Rolls Vegetables Fruit	Professional
Afternoon Snack 3:00-3:30 PM	Pretzels & Sun Butter Fruit	Apples Cheese	Carrots & French Onion Dip Tortilla Chips	Applesauce Chex Mix	Development
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	

Milk and water served with all breakfasts and lunch.

**Week of October 20-24, 2025**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Cheesy Eggs Wheat Toast	Waffles Greek Yogurt	Pancakes Fruit Compote	Fruit Smoothies Rice Cakes	Toast with Sun Butter Fruit
Lunch 12:00-12:30 PM	Black Bean and Cheese Soft Tacos Vegetables Fruit	White Chicken Chili Bread Rolls Vegetables Fruit	Mexican Beef Salad Tortilla Chips Vegetables Fruit	Japanese BBQ Pork Jasmine Rice Vegetables Fruit	Beef Bolognese Spaghetti Vegetables Fruit
Vegetarian Option	Black Bean and Cheese Soft Tacos Vegetables Fruit	White 3 Bean Chili Bread Rolls Vegetables Fruit	Mexican Veggie Crumble Salad Tortilla Chips Vegetables Fruit	Japanese BBQ Tofu Jasmine Rice Vegetables Fruit	Veggie Crumble Marinara Spaghetti Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Pita Chips and Hummus Veggies	Cheese Crackers	Banana and Sun Butter Roll Ups	Pretzels Fruit	Chips and Salsa Tortilla Chips Veggies
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.

Week of October 27-31, 2025

*Menu subject to change. Check Menu in center lobby each morning for changes.*



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Breakfast 7:30-8:00 AM	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
Breakfast 9:00-9:30 AM	Cottage Cheese Fruit	Cream of Wheat Fruit Compote	Eggs Tortillas	Bagels with Cream Cheese Fruit	"Monster" Fruit Smoothies Cinnamon Bread
Lunch 12:00-12:30 PM	Chicken Stir Fry with Noodles Vegetables Fruit	Creamy Parmesan Italian Sausage and Pasta Soup Vegetables Fruit	Butter Chicken Basmati Rice Vegetables Fruit	BBQ Chicken and Cheese Sandwiches Vegetables Fruit	Haunted Harvest Butternut Squash Spaghetti Vegetables Fruit
Vegetarian Option	Tofu Stir Fry with Noodles Vegetables Fruit	Creamy Parmesan Mushroom and Pasta Soup Vegetables Fruit	Butter Paneer Basmati Rice Vegetables Fruit	BBQ Chick'n and Cheese Sandwiches Vegetables Fruit	Haunted Harvest Butternut Squash Spaghetti Vegetables Fruit
Afternoon Snack 3:00-3:30 PM	Pretzels Fruit	Apple Sauce Wheat Crackers	Greek Yogurt Fruit	Apples with Sun Butter Crackers	Cheese Mummy Wraps
Evening Snack 5:00-5:30 PM	Crackers	Crackers	Crackers	Crackers	Crackers

Milk and water served with all breakfasts and lunch.