



Week of December 1-5, 2025

**Menu subject to change. Check Menu in center lobby each morning for change**

|                                 | Monday                                 | Tuesday  | Wednesday  | Thursday  | Friday   |
|---------------------------------|--|--|--|---|--|
| Early Breakfast<br>7:30-8:00 AM | Cereal & Milk                          | Cereal & Milk  | Cereal & Milk  | Cereal & Milk   | Cereal & Milk  |
| Breakfast<br>9:00-9:30 AM       | Pancakes<br>Fruit Compote              | Yogurt, Granola, Berries Parfait                     | Eggs<br>Wheat Toast  | Cottage Cheese<br>Fruit                               | Cinnamon Oatmeal<br>Fruit  |
| Lunch<br>12:00-12:30 PM         | Tofu Fried Rice<br>Vegetables<br>Fruit | Chicken Fettucini<br>Alfredo<br>Vegetables<br>Fruit  | Garlic Parmesan Pork<br>White Rice<br>Vegetables<br>Fruit              | Chicken Cesar<br>Pasta Salad<br>Vegetables<br>Fruit   | Beef, Bell Pepper, Rice Casserole<br>Vegetables<br>Fruit           |
| Vegetarian Option               | Tofu Fried Rice<br>Vegetables<br>Fruit | Mushroom Fettucini<br>Alfredo<br>Vegetables<br>Fruit | Garlic Parmesan<br>Veggie Crumble<br>White Rice<br>Vegetables<br>Fruit | Chick Pea Cesar<br>Pasta Salad<br>Vegetables<br>Fruit | Veggie Crumble, Bell Pepper, Rice Casserole<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Applesauce<br>Check Mix                | Pita Chips<br>Spinach Dip<br>Veggies                 | Greek Yogurt<br>Fruit  | Pretzels<br>String Cheese                             | Cheese Sandwiches  |
| Evening Snack<br>5:00-5:30 PM   | Crackers                               | Crackers   | Crackers   | Crackers  | Crackers   |

Milk and water served with all breakfasts and lunch.

Week of December 8-12, 2025

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---------------------------------|---|---|--|---|---|
| Early Breakfast<br>7:30-8:00 AM | Cereal & Milk   | Cereal & Milk   | Cereal & Milk  | Cereal & Milk   | Cereal & Milk   |
| Breakfast<br>9:00-9:30 AM       | Sourdough Toast with Fruit Jam<br>Fruit                   | Cream of Wheat<br>Fruit Compote                           | French Toast<br>Fruit  | Bagels with<br>Cream Cheese<br>Greek Yogurt               | Pancakes<br>Fruit                                     |
| Lunch<br>12:00-12:30 PM         | Swedish Meatballs<br>Egg Noodles<br>Vegetables<br>Fruit   | Salami Antipasto<br>Pasta Salad<br>Vegetables<br>Fruit    | Chicken Quesadillas<br>Tortilla Chips<br>Vegetables<br>Fruit | Lemon Ricotta and<br>Spinach Pasta<br>Vegetables<br>Fruit | Pork Chop Suey<br>Jasmine Rice<br>Vegetables<br>Fruit |
| Vegetarian Option               | Swedish Veggieballs<br>Egg Noodles<br>Vegetables<br>Fruit | Chick Pea Antipasto<br>Pasta Salad<br>Vegetables<br>Fruit | Chick'n Quesadillas<br>Tortilla Chips<br>Vegetables<br>Fruit | Lemon Ricotta and<br>Spinach Pasta<br>Vegetables<br>Fruit | Tofu Chop Suey<br>Jasmine Rice<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Tortilla Chips<br>Guacamole<br>Veggies                    | Cheese Sandwiches   | Rice Cakes<br>Fruit  | Apples<br>Sun Butter                                      | Cheese Crackers                                       |
| Evening Snack<br>5:00-5:30 PM   | Crackers  | Crackers  | Crackers   | Crackers  | Crackers  |

Milk and water served with all breakfasts and lunch.

Week of December 15-19, 2025

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---------------------------------|---|--|--|--|--|
| Early Breakfast<br>7:30-8:00 AM | Cereal & Milk   | Cereal & Milk  | Cereal & Milk  | Cereal & Milk  | Cereal & Milk                                      |
| Breakfast<br>9:00-9:30 AM       | Oatmeal<br>Fruit  | Pancakes<br>Fruit Compote  | Waffles<br>Sun Butter<br>Fruit                                 | Cottage Cheese<br>Fruit                                  | Breakfast Potatoes<br>Fruit Smoothies              |
| Lunch<br>12:00-12:30 PM         | Broccoli Cheddar<br>Soup<br>Bread Roll<br>Vegetables<br>Fruit | Chicken Thai<br>Coconut Curry<br>Basmati Rice<br>Vegetables<br>Fruit | Beef Bolognese<br>Spaghetti<br>Vegetables<br>Fruit             | Japanese BBQ Pork<br>Jasmine Rice<br>Vegetables<br>Fruit | Greek Chicken<br>Salad Wrap<br>Vegetables<br>Fruit |
| Vegetarian<br>Option            | Broccoli Cheddar<br>Soup<br>Bread Roll<br>Vegetables<br>Fruit | Tofu Thai<br>Coconut Curry<br>Basmati Rice<br>Vegetables<br>Fruit    | Veggie Crumble<br>Marinara<br>Spaghetti<br>Vegetables<br>Fruit | Japanese BBQ Tofu<br>Jasmine Rice<br>Vegetables<br>Fruit | Greek Chick'n<br>Salad Wrap<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Pretzels<br>Sun Butter<br>Fruit                               | Baguette<br>Spinach Dip<br>Veggies                                   | Applesauce<br>Chex Mix   | Greek Yogurt<br>Fruit                                    | Sun Butter and<br>Jam Sandwiches                   |
| Evening Snack<br>5:00-5:30 PM   | Crackers  | Crackers   | Crackers   | Crackers   | Crackers   |

Milk and water served with all breakfasts and lunch.



**Week of December 22-26, 2025**

**Menu subject to change. Check Menu in center lobby each morning for changes.**

|                                 | Monday                                 | Tuesday                             | Wednesday                      | Thursday                       | Friday                         |
|---------------------------------|--|-------------------------------------|--------------------------------|--------------------------------|--------------------------------|
| Early Breakfast<br>7:30-8:00 AM | Cereal & Milk                          | Cereal & Milk                       | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |
| Breakfast<br>9:00-9:30 AM       | Fruit Smoothies<br>Raisin Bread        | Eggs<br>Corn Tortillas              | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |
| Lunch<br>12:00-12:30 PM         | Pork Fried Rice<br>Vegetables<br>Fruit | Cheese Pizza<br>Vegetables<br>Fruit | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |
| Vegetarian Option               | Tofu Fried Rice<br>Vegetables<br>Fruit | Cheese Pizza<br>Vegetables<br>Fruit | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |
| Afternoon Snack<br>3:00-3:30 PM | Pretzels<br>Fruit                      | Sun Butter and Jam Sandwiches       | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |
| Evening Snack<br>5:00-5:30 PM   | Crackers                               | Crackers                            | Center Closed for Winter Break | Center Closed for Winter Break | Center Closed for Winter Break |

Milk and water served with all breakfasts and lunch.



**Week of December 29-January 2, 2026**

**Menu subject to change. Check Menu in center lobby each morning for changes.**

|                                 | Monday                            | Tuesday                           | Wednesday                         | Thursday                          | Friday   |
|---------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|--|
| Early Breakfast<br>7:30-8:00 AM | Center Closed<br>for Winter Break | Cereal<br>& Milk                                     |
| Breakfast<br>9:00-9:30 AM       | Center Closed<br>for Winter Break | Pancakes<br>Fruit Compote                            |
| Lunch<br>12:00-12:30 PM         | Center Closed<br>for Winter Break | BBQ Meatballs<br>White Rice<br>Vegetables<br>Fruit   |
| Vegetarian<br>Option            | Center Closed<br>for Winter Break | BBQ Veggieballs<br>White Rice<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Center Closed<br>for Winter Break | Applesauce<br>Chex Mix                               |
| Evening Snack<br>5:00-5:30 PM   | Center Closed<br>for Winter Break | Crackers   |

Milk and water served with all breakfasts and lunch.