

**Week of August 31-September 4, 2026**

*Menu subject to change. Check Menu in center lobby each morning for change*

|                                 | Monday                                                                           | Tuesday                                                           | Wednesday                                                            | Thursday                                                         | Friday                                      |
|---------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------|
| Early Breakfast<br>7:30-8:00 AM | Cereal<br>& Milk                                                                 | Cereal<br>& Milk                                                  | Cereal<br>& Milk                                                     | Cereal<br>& Milk                                                 | Cereal<br>& Milk                            |
| Breakfast<br>9:00-9:30 AM       | Waffles with<br>Sun Butter<br>Fruit                                              | Oatmeal<br>Fruit Compote                                          | Cottage Cheese<br>Fruit                                              | Blueberry Smoothie<br>Raisin Bread Toast                         | Veggie<br>Scrambled Eggs<br>English Muffins |
| Lunch<br>12:00-12:30 PM         | Beef, Bell Pepper,<br>and Rice Casserole<br>Vegetables<br>Fruit                  | BBQ Chicken<br>Quesadillas<br>Mexican Rice<br>Vegetables<br>Fruit | Beef Stroganoff<br>Egg Noodles<br>Vegetables<br>Fruit                | Garlic Parmesan<br>Pork<br>Brown Rice<br>Vegetables<br>Fruit     | Cheese Pizza<br>Vegetables<br>Fruit         |
| Vegetarian<br>Option            | Plant-Based "Beef,"<br>Bell Pepper, and<br>Rice Casserole<br>Vegetables<br>Fruit | BBQ Chick'n<br>Quesadillas<br>Mexican Rice<br>Vegetables<br>Fruit | Plant Based Beef<br>Stroganoff<br>Egg Noodles<br>Vegetables<br>Fruit | Garlic Parmesan<br>Mushroom<br>Brown Rice<br>Vegetables<br>Fruit | Cheese Pizza<br>Vegetables<br>Fruit         |
| Afternoon Snack<br>3:00-3:30 PM | Goldfish Crackers<br>Fruit                                                       | Tortilla Chips<br>Housemade Salsa<br>Veggies                      | Pita Chips<br>White Bean Dip<br>Veggies                              | Cheese and Tortilla<br>Roll Ups                                  | Chex Mix<br>Fruit                           |
| Evening Snack<br>5:00-5:30 PM   | Crackers                                                                         | Crackers                                                          | Crackers                                                             | Crackers                                                         | Crackers                                    |

Milk and water served with all breakfasts and lunch.

**Week of September 8-11, 2026**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday                                  | Tuesday                                             | Wednesday                                                                       | Thursday                                                            | Friday                                                  |
|---------------------------------|-----------------------------------------|-----------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------|
| Early Breakfast<br>7:30-8:00 AM |                                         | Cereal<br>& Milk                                    | Cereal<br>& Milk                                                                | Cereal<br>& Milk                                                    | Cereal<br>& Milk                                        |
| Breakfast<br>9:00-9:30 AM       | CLOSED in<br>Observance of<br>Labor Day | Pancakes<br>Fruit                                   | Oatmeal<br>Compote                                                              | Egg & Cheese<br>Sandwich<br>Fruit                                   | Strawberry Banana<br>Smoothie<br>Rice cake              |
| Lunch<br>12:00-12:30 PM         |                                         | Ground Turkey<br>Fajita Bowl<br>Vegetables<br>Fruit | Sausage & Cheese<br>Tortellini<br>Garlic Bread<br>Vegetables<br>Fruit           | Black Bean & Cheese<br>Tacos<br>Mexican Rice<br>Vegetables<br>Fruit | Chicken Stir Fry<br>with Noodles<br>Vegetables<br>Fruit |
| Vegetarian<br>Option            |                                         | Black Bean Fajita<br>Bowl<br>Vegetables<br>Fruit    | Vegetable Sausage &<br>Cheese Tortellini<br>Garlic Bread<br>Vegetables<br>Fruit | Black Bean & Cheese<br>Tacos<br>Mexican Rice<br>Vegetables<br>Fruit | Tofu Stir Fry with<br>Noodles<br>Vegetables<br>Fruit    |
| Afternoon Snack<br>3:00-3:30 PM |                                         | Cheese<br>Cracker<br>Dried Cranberries              | Goldfish Crackers<br>Fruit                                                      | Spinach Dip<br>Veggies<br>Baguette                                  | Applesauce<br>Chex Mix                                  |
| Evening Snack<br>5:00-5:30 PM   |                                         | Crackers                                            | Crackers                                                                        | Crackers                                                            | Crackers                                                |

Milk and water served with all breakfasts and lunch.

**Week of September 14-18, 2026**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday                                                                 | Tuesday                                                                    | Wednesday                                                           | Thursday                                            | Friday                                                           |
|---------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------------|
| Early Breakfast<br>7:30-8:00 AM | Cereal<br>& Milk                                                       | Cereal<br>& Milk                                                           | Cereal<br>& Milk                                                    | Cereal<br>& Milk                                    | Cereal<br>& Milk                                                 |
| Breakfast<br>9:00-9:30 AM       | French Toast<br>Fruit Compote                                          | Wild Berry Muffins<br>Fruit                                                | Cheese Egg Bites<br>Toast                                           | Toasted<br>Cinnamon Bread<br>Fruit                  | Biscuits with<br>Country Gravy<br>Fruit                          |
| Lunch<br>12:00-12:30 PM         | Chicken Quesadillas<br>Cilantro Lime Rice<br>Vegetables<br>Fruit       | Beef Sloppy Joe<br>Sandwiches<br>Oven Baked Fries<br>Vegetables<br>Fruit   | Tomato and<br>Dumplings Soup<br>Garlic Bread<br>Vegetables<br>Fruit | Moo Shu Pork<br>Jasmine Rice<br>Vegetables<br>Fruit | Beef Chili<br>Corn Muffins<br>Vegetables<br>Fruit                |
| Vegetarian<br>Option            | Black Bean<br>Quesadillas<br>Cilantro Lime Rice<br>Vegetables<br>Fruit | Lentil Sloppy Joe<br>Sandwiches<br>Oven Baked Fries<br>Vegetables<br>Fruit | Tomato and<br>Dumplings Soup<br>Garlic Bread<br>Vegetables<br>Fruit | Moo Shu Tofu<br>Jasmine Rice<br>Vegetables<br>Fruit | Plant-Based<br>Beef Chili<br>Corn Muffins<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Sun Butter and Jam<br>Sandwiches                                       | Pretzels<br>Fruit                                                          | Tortilla Chips<br>Guacamole<br>Veggies                              | Rice Cakes<br>Fruit                                 | String Cheese<br>Fruit                                           |
| Evening Snack<br>5:00-5:30 PM   | Crackers                                                               | Crackers                                                                   | Crackers                                                            | Crackers                                            | Crackers                                                         |

Milk and water served with all breakfasts and lunch.

Week of September 21-25, 2026

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday                                                                   | Tuesday                                                                 | Wednesday                                                                         | Thursday                                               | Friday                                                                     |
|---------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------------------------|
| Early Breakfast<br>7:30-8:00 AM | Cereal<br>& Milk                                                         | Cereal<br>& Milk                                                        | Cereal<br>& Milk                                                                  | Cereal<br>& Milk                                       | Cereal<br>& Milk                                                           |
| Breakfast<br>9:00-9:30 AM       | Breakfast Potatoes<br>Fruit                                              | Berry Smoothies<br>Raisin Bread Toast                                   | Oatmeal<br>Fruit                                                                  | Spinach and Swiss<br>Scramble<br>Biscuits              | Cottage Cheese<br>Blueberry Compote                                        |
| Lunch<br>12:00-12:30 PM         | Beef Italian<br>Marinara Meatball<br>Sub Sandwich<br>Vegetables<br>Fruit | Chicken Alfredo<br>Lasagna Skillet<br>Bread Roll<br>Vegetables<br>Fruit | Beef and Bok Choy<br>Stir Fry<br>Brown Rice<br>Vegetables<br>Fruit                | Butter Chicken<br>Buttered Naan<br>Vegetables<br>Fruit | Mediterranean<br>Lemon Dill Chicken<br>Quinoa Bowls<br>Vegetables<br>Fruit |
| Vegetarian<br>Option            | Marinara Veggieball<br>Sub Sandwich<br>Vegetables<br>Fruit               | Chick'n Alfredo<br>Lasagna Skillet<br>Bread Roll<br>Vegetables<br>Fruit | Plant-Based Beef<br>and Bok Choy<br>Stir Fry<br>Brown Rice<br>Vegetables<br>Fruit | Butter Paneer<br>Buttered Naan<br>Vegetables<br>Fruit  | Mediterranean<br>Lemon Dill Chick'n<br>Quinoa Bowls<br>Vegetables<br>Fruit |
| Afternoon Snack<br>3:00-3:30 PM | Rice Cakes<br>Applesauce                                                 | Pita Chips<br>Veggies<br>Tzatziki Sauce                                 | Apples<br>Cheese                                                                  | Goldfish Crackers<br>Fruit                             | Banana and Sun<br>Butter Roll Ups                                          |
| Evening Snack<br>5:00-5:30 PM   | Crackers                                                                 | Crackers                                                                | Crackers                                                                          | Crackers                                               | Crackers                                                                   |

Milk and water served with all breakfasts and lunch.

**Week of September 28-October 2, 2026**

*Menu subject to change. Check Menu in center lobby each morning for changes.*



|                                 | Monday                                                 | Tuesday                                                   | Wednesday                                                       | Thursday                                  | Friday                                                         |
|---------------------------------|--------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------------|
| Early Breakfast<br>7:30-8:00 AM | Cereal<br>& Milk                                       | Cereal<br>& Milk                                          | Cereal<br>& Milk                                                | Cereal<br>& Milk                          | Cereal<br>& Milk                                               |
| Breakfast<br>9:00-9:30 AM       | Pancakes<br>Fruit Compote                              | Cream of Wheat<br>Fruit                                   | Waffles<br>Fruit                                                | Wheat Toast with<br>Sun Butter<br>Bananas | Bagels with<br>Cream Cheese<br>Fruit                           |
| Lunch<br>12:00-12:30 PM         | Chickpea Arugula<br>Pasta Salad<br>Vegetables<br>Fruit | Beef and Ramen<br>Noodles Stir Fry<br>Vegetables<br>Fruit | Herb Chicken<br>Sun Dried<br>Tomato Orzo<br>Vegetables<br>Fruit | Pork Fried Rice<br>Vegetables<br>Fruit    | Chicken Tikka<br>Masala<br>Basmati Rice<br>Vegetables<br>Fruit |
| Vegetarian<br>Option            | Chickpea Arugula<br>Pasta Salad<br>Vegetables<br>Fruit | Tofu and Ramen<br>Noodles Stir Fry<br>Vegetables<br>Fruit | Herb Chick'n<br>Sun Dried<br>Tomato Orzo<br>Vegetables<br>Fruit | Tofu Fried Rice<br>Vegetables<br>Fruit    | Paneer Tikka<br>Masala<br>Basmati Rice<br>Vegetables<br>Fruit  |
| Afternoon Snack<br>3:00-3:30 PM | Cottage Cheese<br>Bell Peppers                         | Mixed Melon<br>Graham Crackers                            | Applesauce<br>Chex                                              | Rice Cakes<br>Fruit                       | Cheese<br>Crackers                                             |
| Evening Snack<br>5:00-5:30 PM   | Crackers                                               | Crackers                                                  | Crackers                                                        | Crackers                                  | Crackers                                                       |

Milk and water served with all breakfasts and lunch.